

OPTIONS

at 14-16

2010



- Construction
- Motor Vehicle Studies
- Childhood Studies
- Hairdressing and Beauty Therapy
- Hospitality and Catering
- Sports Leadership
- Performing Arts

As part of options available to students in Key Stage 4, South Lakes Federation offers a range of programmes in conjunction with your school. These courses have a practical focus and are related to a particular industry or career.

What qualification will I get?

All courses lead to a recognised qualification that you can use to help get a job or go into further training after you finish the course. The courses run over two years and you will gain a Level 1 or a Level 2 qualification depending on which programme you join.

Joining one of these courses will give you a flavour of what you might like to do when you leave school and will give you the opportunity to experience at first hand what it is like to study vocational subjects, as well as study alongside students from other local schools. Most courses are held at Kendal College, or you may be taught at another South Lakes school.

What's it like on one of these programmes?

The college environment can be very different to school. With the workshop atmosphere intended to reflect the world of work. You will undertake more independent learning and will carry out practical work in our real working environments set up in the workshops and kitchens. But you will still need to attend theory sessions to provide you with the understanding to carry out the practical skills.

You will take your breaks in line with the college timetable. Some courses will require you to wear protective clothing and you must adhere to this at all times. Equipment and clothing is provided for you.

We will of course expect you to behave in a responsible manner, respecting the needs of the large number of other students already studying at the college.

What are the teachers like?

Whichever course you join, you will be taught by tutors who are very experienced in the vocational subject you are studying. All the teachers we use have worked in the industry they now teach in, many still do by combining part time teaching with other employment. So they are best placed to help you learn new skills.

How will I get to college or the delivery school?

Your school will arrange transport to and from your course.

What happens at the end of the course?

Some students who join our vocational programme decide to continue with a full-time course and as part of our commitment to you, we will ensure you are guaranteed a place on a full-time course at this college; provided that your tutor supports your application. We will also provide you with the opportunity to find out about other college courses during your second year with us.

You may prefer to consider an Apprenticeship where you use your skills to get a job and then train to the next level through part-time study. Apprenticeships are a very popular progression route for vocational students. Further information on all progression courses is available on the Futures4me website: www.kendal.ac.uk

Alternatively, you can study for your A Levels as normal, at school, and gain entry to university.

Entry Requirements

There are no specific entry requirements for the Level 1 courses, but we expect you to have a genuine interest in the course you choose. For Young Apprenticeship programmes you will need to have as a minimum Key Stage 2 SATs results at Level 4 in Maths, Science and English.

How do I apply for a course?

Your school will advise you on opportunities to come and try out the courses before you apply. Dates for taster days, which include a vocational assessment test and a chance to work in the salon/workshops, are given in this booklet. Application forms are available from your school and you will need to tell us about yourself and why you are interested in the course.

Students and parents interested in Young Apprenticeships will be able to find out more about the programme on the 4 February 2010, at Kendal College.



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Level 1 Construction - BTEC Introductory Diploma in Construction

Construction

Overview of the subject

The construction sector covers all building trades and services as well as civil engineering and specialist services such as demolition and architecture and there is a huge range of jobs for skilled trades people such as bricklayers, joiners, carpenters, plumbers, roofers and tilers as well as semi-skilled jobs such as

building labourers. The sector attracts more and more female employees and the opportunity for training at the college is open to both male and female students.

For further information, check out this website:
<http://www.careersadvice.direct.gov.uk/>

Course Content

This is a very practical course where you will be working in our construction workshops learning a variety of different skills such as:

- Using hand tools: various projects aimed at developing different skills, culminating in a take-home project, eg wooden gaming chair
- Multi-skills building services: basic electrical and plumbing
- Bricklaying

Assessment

You are required to complete a portfolio of evidence, including assessments, towards the achievement of your qualification. There will be an online test towards the end of the course.

Future

On successful completion of this two year course you may be able to progress onto a full time construction course at the college or find employment within the sector, combined with further part time training. Another popular route for this course is on to an Apprenticeship with Construction Skills

This course is worth 75 points.



Level 1 Motor Vehicle Studies - C&G Light Vehicle Maintenance and Repair

Overview of the subject

Cumbria is a hotbed for motorsport with rallying, speedway and other motorsport meetings being held throughout the year.

Agriculture in the area also provides lots of opportunities for employment so demand for highly skilled motor vehicle engineers is the South Lakes is good.

For further information, check out this website:
<http://www.careersadvice.direct.gov.uk/>

Course Content

This is a very practical course where you will be combining

classroom theory work with practical sessions in our motor vehicle workshops learning a variety of different skills such as:

- Motor vehicle servicing
- Motor repair and maintenance
- Basic vehicle electrics
- Valeting and car care
- Workshop protocols
- Physics and maths pertaining to motor vehicles

Assessment

In the first year you will be assessed throughout the year. You will be required to complete a portfolio of evidence towards the achievement of your qualification and there will be three online tests during course.

Future

On successful completion of this two year course you may be able to progress onto a full time motor vehicle course at the college or find employment within the sector, combined with further part time training. Another popular alternative is to join the Apprenticeship programme.

This course is worth 125 points.



Level 1 Caring for Children - Level 1 BTEC Diploma in Caring for Children

Course Content

This course will give you a comprehensive introduction to working with children and will enhance your skills in voluntary work as well, for example babysitting.

In both years you will study the following areas:

- Learning experiences for young children
- Creative activities for young children
- Books, stories, poems and rhymes for children
- Keeping children safe
- Communication skills with children
- Physical activities for children
- Encouraging children to eat healthily
- Planning for the physical and emotional care needs of children

We would also advise you that your school work-placement should be in the childcare sector.

Assessment

The programme is assessed by coursework throughout the programme.

Future

On successful completion of this two year course, there may be the opportunity of taking a Level 2 qualification in Childcare, eg

BTEC First Diploma Children's Care, Learning and Development or NVQ level 2.

This course is worth up to 102 points.



Level 1 Hairdressing and Beauty Therapy - C&G 3001 Introduction to Hair and Beauty

Overview of the subject

The hairdressing and beauty industry can offer you a fantastic career opportunity to develop your own flair and passion for fashion. The employment rate for hairdressing and beauty is growing all the time in the North West with new salons opening in every town.

The sector is attracting many more male employees than ever before and the opportunity for training at the college is open to both male and female students.

For further information, check out this website:
<http://www.careersadvice.direct.gov.uk/>

Course Content

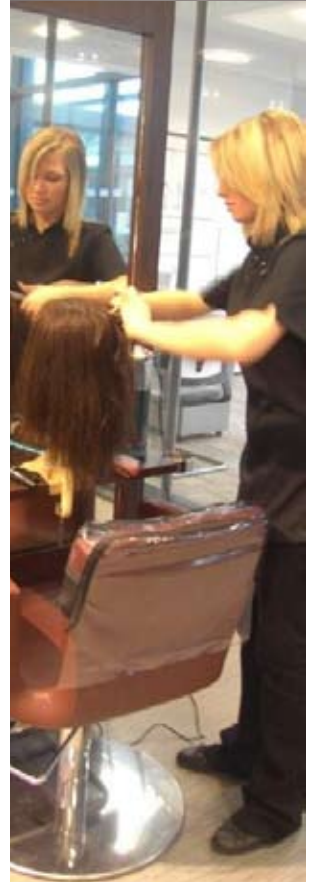
This is a practical course where you will be working in our newly refurbished salons learning a variety of different skills. You will study some of the following subjects over the two years:

- Introduction to the hair and beauty sector
- Presenting a professional

- image in a salon
- Shampoo and conditioning
- Hair plaiting
- Create an image using colour
- Skin care
- Hand care
- Introduction to the hair and beauty sector
- Presenting a professional image in a salon
- Styling women's hair
- Styling men's hair
- Plaiting and twisting hair
- Makeup application
- Themed face painting
- Nail art application
- The art of dressing hair
- the art of photographic makeup

Assessment

You will be assessed informally throughout the year as well as being assessed more formally through practical work and written assignments and an end-of-course test. You will put together a folder of work to support your assessments.



Level 1 (NVQ) Food Preparation and Cooking

Overview of the subject

The food and drink industry is one of the largest employers in the North West, especially within Cumbria. Hospitality and Catering covers a broad range of areas from traditional industries such as brewing and baking to the production and processing of the food items that fill supermarket shelves as well as a range of jobs associated with the industry such as front of house and waiting staff.

There are excellent careers opportunities within hospitality and catering, particularly as we live within a tourist area. For further information, check out this website:
<http://www.careersadvice.direct.gov.uk/>

Course Content

This is a very practical course where you will work within the kitchens at the college. There are also theory lessons linked to your practical work. You will learn a variety of techniques to produce high quality food from full meals to baking, studying under the tuition of our trained and highly experienced chefs.

Assessment

Assessment will be through practical skills, in the kitchen, and written assignments.

Future

On successful completion of this two year course you will have developed a range of skills to enable you to progress onto a full time catering course at the college or find a job in the local area, combined with further part time training. There is wide range of Apprenticeships that can lead to an NVQ level 2 qualification and provide you with the opportunity to have on and off the job training while you work.

This course is worth up to 140 points.



Level 2 Young Apprenticeship in Hospitality - BTEC Diploma in Hospitality

Overview of the subject

The food and drink industry is one of the largest employers in the North West, especially within Cumbria. Hospitality and Catering covers a broad range of areas from traditional industries such as brewing and baking to the production and processing of the food items that fill supermarket shelves as well as a range of jobs associated with the industry such as front of house and waiting staff.

There are excellent careers opportunities within hospitality and catering, particularly as we live within a tourist area. For further information, check out this website:
<http://www.careersadvice.direct.gov.uk/>

Course Content

This is a very practical course where you will work within the kitchens and restaurants at the college. There are also theory lessons linked to your practical work. You will learn a variety of techniques to produce high quality food from full meals to baking, studying under the tuition of our trained and highly experienced chefs and restaurant tutors.

This programme includes 50 days of work placement in industry and also a food safety qualification.

Assessment

Assessment will be through practical skills, in the kitchen and restaurant, and written assignments.

Future

On successful completion of this two year course you will have developed a range of skills to enable you to progress onto a full time catering course at the college or find a job in the local area, combined with further part time training.

This programme is worth up to the following points:

*Distinction 232 points

Distinction 208 points

Merit 184 points

Pass 160 points



Level 2 Young Apprenticeship in Sports Leadership, Coaching and Management - Level 2 BTEC Diploma in Sport

You will also gain nationally recognised awards in rock climbing and canoeing, plus the National Navigation and Junior Sports Leader Awards, BCU Start Tests and Outdoor First Aid Course.

Overview of the subject

Outdoor education is a dynamic and expanding area of work in Cumbria and offers a wide range of career opportunities, including outdoor instruction in a variety of disciplines.

There are excellent careers progression opportunities within the outdoor industry, particularly as we live within a tourist area. For further information, check out this website:

<http://www.careersadvice.direct.gov.uk/>

Course Content

This two-year programme will enable you to learn in practical ways and to broaden your career options. You will have opportunities to:

- Study vocational qualifications for one day a week through the Lakes School
- Do work experience at an outdoor centre
- Experience a range of other work-related learning through enterprise and wider activities
- The other days will be spent at school studying the core National Curriculum, including English, Maths, ICT and Science

During the course you will receive basic skills training in

the following outdoor activities: kayaking, open canoeing, rock climbing, mountain biking, navigation, problem solving, first aid, and leadership.

This programme includes 50 days of work placement in industry. Please ask for further information if you are interested in this course.

Assessment

The course places emphasis on practical performance and has no formal written exam at the end. You will be assessed through written assignments and practical work.

Future

On successful completion of this two year course you will have developed a range of skills to enable you to progress onto a full time outdoor course at the college or find a job in the local area, combined with part time training.

This course is worth up to 160-232 points.



Level 2 Performing Arts (BTEC Level 2 Performing Arts)

Overview of the subject

This course is offered at Queen Elizabeth School, Kirkby Lonsdale and in close collaboration with the Creative and Media Department at Kendal College. The Performing Arts offer challenge, enjoyment and rewarding opportunities.

Course Content

This subject is suited to those with an interest in Drama, Dance and Singing. Students may have specific strengths in one or more of these areas and may also play musical instruments. This practical course will involve students becoming a member of the South Lakes Youth Theatre Company and the programme includes a minimum of 50 days

work experience in related Performing Arts settings. Some of this time will be spent working with the South Lakes Youth Theatre Company and also in other professional environments. Students will be required to invest time during weekends and holidays to complete this part of the programme.

Assessment

From the outset students develop practical skills and theoretical understanding. They also develop personal and social skills, such as working with others, self-confidence and creative thinking. Assessment is throughout the course and work is recorded in a variety of ways in order for students to be able to add

to their personal portfolio of evidence. There are no formal exams. A portfolio evidencing work experience is also essential for successful completion of the course.

This programme includes 50 days of work placement in industry. Please ask for further information if you are interested in this course.

Future

Having completed this two year course students will be well positioned for a range of progression routes including employment, Advanced Apprenticeships in related subjects, full-time vocational courses in the Performing Arts at Kendal College or a mix of traditional A levels and vocational courses at their own school.



WHAT STUDENTS THINK ABOUT THEIR 14-16 OPTIONS...

"I really enjoyed this course, it's interesting and you get treated like an adult. It's really good and has kind and friendly teachers"

Childcare student

"I think it was the best option I took because I got more than a GCSE and I really enjoyed the course".

Hair and Beauty student

"I think this course is cracking. I love coming to college".

Motor Vehicle student

"Really glad I joined the course, it's fun, practical, exciting and nearly everyone can't wait for next Wednesday! I joined because I would like to further a career in childcare and I enjoy every last bit of it!"

Childcare student

"This course is awesome. The tutors are great and we are guaranteed a laugh every week!"

Motor vehicle student

"A really good and fun course. I would recommend it to anyone who enjoys hard work".

Construction student

"The catering course is really fun. We make good things and our tutor is really cool".

Catering student